



## PHARMACOLOGY FRIDAY JUNE 18, 2026

### Hello Summer!

Summer officially arrives on June 21st, but with the sunshine and warmer temperatures, it already feels like it's here. We hope you find time to enjoy the beautiful Pacific Northwest weather, whether that's a walk outside, a weekend adventure, or simply soaking up some sunshine. As summer gets underway, don't forget to revisit the wellness tips we shared last week for staying healthy, safe, and energized throughout the season.

### Juneteenth Holiday

The office will be closed on Friday in observance of Juneteenth, a federal holiday commemorating the end of slavery in the United States. Juneteenth honors freedom, resilience, and the ongoing pursuit of equity and justice. We wish everyone a safe and restful holiday.

### FIFA World Cup Reminder

With FIFA World Cup matches taking place in Seattle on June 19, June 24, and June 26, expect heavier traffic, increased transit ridership, and larger crowds throughout the city. If your role allows, consider working remotely on match days to avoid potential travel delays. If you're commuting to campus, allow extra travel time and plan accordingly.

### Upcoming Events

June 18, 2026: End of Year Happy Hour @ 4:00, Big Time Brewery.

*(This is a no-host event. The department will provide appetizers.)*

June 19, 2026: Closed in observance of Juneteenth

June 23, 2026: UW Medicine Well-Being Survey Due

July 3, 2026: Closed in observance of 4<sup>th</sup> of July

September 24, 2026: Pharmacology Retreat

### Staff Notes

Please note the following out-of-office dates:

Grace: June 18 - 23

Debbie: June 29 and July 17-21

Angie: July 8-10

Jenny: July 15-21

Do you have news to share? Please email [phcolnew@uw.edu](mailto:phcolnew@uw.edu) and use the subject line: Pharmacology Friday.

